



# PARISH NEWSLETTER



ROMAN CATHOLIC DIOCESE OF EAST ANGLIA  
A Registered Charity (Charity Commission No 278742) [www.rcdea.org.uk](http://www.rcdea.org.uk)



## ST MARK

WITH HOLY FAMILY BRANTHAM

St Mark's Parish House, T 01473 684963  
180 Hawthorn Drive, E [luke.goymour@rcdea.org.uk](mailto:luke.goymour@rcdea.org.uk)  
Ipswich, Suffolk W [stmarksparish.org.uk](http://stmarksparish.org.uk)  
IP2 0QQ

The parish of St Mark includes St Mark's church in Ipswich  
and the church of the Holy Family in Brantham (CO11 1TB)

**Parish Priest:**  
Fr Luke Goymour

**Parish School:**  
St Mark's School  
**Headteacher:**  
Dr Michael Keller

**Parish Secretary:**  
Mrs Pat West available  
Tuesday 11 am – 1 pm  
[office@stmarksparish.org.uk](mailto:office@stmarksparish.org.uk)

**Local Safeguarding Rep:**  
[lsr@stmarksparish.org.uk](mailto:lsr@stmarksparish.org.uk)

**Eucharistic Adoration:**  
St Mark's  
Friday 11:40 – 12:10

Holy Family  
Tuesday 9:20 – 9:50

**Prayer Group:**  
1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Monday  
6:00 pm Adoration  
7:00 pm Praise, Worship  
scripture & reflection

**Confession**  
St Mark: 5pm Saturday  
and by appointment

**Children's Liturgy:**  
11 am 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>  
Sundays of each month



## ST MARY MAGDALEN

The Presbytery, T 01473 741975  
468 Norwich Road, M 07414 735102 (txt only)  
Ipswich, Suffolk W [marymagdalens.org](http://marymagdalens.org)  
IP1 6JS f [@marymagdalens](https://www.facebook.com/marymagdalens)

**Parish administrator:**  
Fr Luke Goymour E [parishpriest@marymagdalens.org](mailto:parishpriest@marymagdalens.org)

**Assistant Priest:**  
Fr Paul Chanh  
E [paulchanh@gmail.com](mailto:paulchanh@gmail.com)

**Confession:**  
5:30pm Saturday  
and by appointment

**Eucharistic Adoration:**  
Fridays after 10:00 Mass  
Exposition, a Chaplet of Divine  
Mercy and Benediction

**Parish School:**  
St Pancras Catholic Primary  
Stratford Road  
Ipswich  
IP1 6EF  
T 01473 742074

**Headteacher:**  
Mrs Lucille Martin

**Confession:**  
5:30pm Saturday  
and by appointment

**Eucharistic Adoration:**  
Fridays after 10:00 Mass  
Exposition, a Chaplet of  
Divine Mercy and  
Benediction

**Offerings:**  
Please consider setting up  
a standing order in favour  
of the parish instead of a  
weekly cash offering. If  
you can Gift Aid your  
donation, please complete  
a form which you can find  
in the church [porch].

**Bank:**  
Account name: St Mary  
Magdalen Roman  
Catholic Parish  
Sort Code: 20-44-51  
A/c Number: 70777323

**Catholic Chaplain to the Ipswich Hospital:** Awaiting new appointment. If you or a family member are going into hospital, please advise either Fr Paul or Fr Luke.

**1<sup>st</sup> Sunday of Lent Year B – Sunday 18<sup>th</sup> February 2024**

## News for St Mark's Catholic Parish

Responsorial Psalm – <b>Heal my soul for I have sinned against you.</b>		
First Week of Lent– Year B		
MASS & PRAYER TIMES:		
<b>SATURDAY</b> <b>17/2/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: Alice Myers Riley	<b>First Sunday of Lent</b>
<b>SUNDAY</b> <b>18/2/24</b>	<b>09:00 Holy Family</b> Offered For: The People of the Parish <b>11:00 St Mark's</b> Offered For: Richard Barnes RIP	<b>First Sunday of Lent</b>
<b>TUESDAY</b> <b>20/2/24</b>	<b>10:00 am Holy Family</b> Offered for: Philip White	<b>Lent Feria</b>
<b>WEDNESDAY</b> <b>21/2/24</b>	<b>9:30 am St. Mark's</b> Offered for: Michael Galloway's Intentions	<b>Lent Feria</b>
<b>THURSDAY</b> <b>22/2/24</b>	<b>NO MASS at St. Mark's</b> 10:00 at St. Mary Magdalens	<b>The Chair of St. Peter</b>
<b>FRIDAY</b> <b>23/2/24</b>	<b>12:15 pm St. Mark's</b> Offered for: John Taylor RIP	<b>Lent Feria</b>
<b>SATURDAY</b> <b>24/2/24</b>	<b>17:30 St Mark's Vigil Mass</b> Offered For: Howard Beeho RIP	<b>Second Sunday of Lent</b>
<b>SUNDAY</b> <b>25/2/24</b>	<b>09:00 Holy Family</b> Offered For: The People of the Parish <b>11:00 St Mark's</b> Offered For: Lynn Sellers RIP	<b>Second Sunday of Lent</b>

**Sunday Homilies**  
can be listened to again at:  
<https://anchor.fm/fr-luke-goymour> And on all major  
Podcast platforms just search:  
**Fr Luke's Homilies**

**Alpha resumes on the 28<sup>th</sup>  
February**

**Parish Mission This Week**



**Next Sunday - 25<sup>th</sup> February** There will be a second collection for **CAFOD**

**The Big Lent Walk** - Cafod invite you to take part in this event during Lent. To find out more visit their website at [cafod.org.uk](http://cafod.org.uk)

**Medjugorje 2024** – The pilgrimage to Medjugorje this year is from 19<sup>th</sup> September to 26<sup>th</sup> September. The details are as the successful pilgrimage last year and the price is the same, £779 per person for a shared room. For information contact Chris McEwen on [chrismceweneb@gmail.com](mailto:chrismceweneb@gmail.com) or 07967 568852

**FIND, thanks us for our continuing generosity** - Their current needs are crisps, squash, tinned potatoes, fruit, steak, mince, peas, carrots, and rice pudding. Also Pasta sauce

**Please collect used postage stamps for our local hospice** ALL YEAR, not just at Christmas and place them in the box at the rear of the church to help support the outstanding work of our local Hospice.

**100 CLUB** - Pick up an application form to join or take a further number at the back of the church or contact Graeme Forsyth at [mgforyth@outlook.com](mailto:mgforyth@outlook.com) or on 01206 399049.  
Visit the Parish Website or scan the QR code here



**A new group is forming in the Diocese to help to reduce modern slavery here.** During 2022, in our Diocese alone, 746 souls were found enslaved and rescued. Police describe this number of enslaved people, as the tip of the iceberg. Pope Francis wants us to "find" enslaved people. All that means is learning (simply) to spot the signs and safely report them to the Modern Slavery Helpline 08000 121 700. The new group is looking for young & older volunteers to join the group. No previous knowledge or experience required, just a wish to end slavery in our diocese. Please contact [john\\_simong@hotmail.com](mailto:john_simong@hotmail.com) to discuss possibly volunteering and read the leaflet about St Bakhita (regarded as the patron saint of Modern Slavery) at <https://www.rcdea.org.uk/caritas-east-anglia/modern-slavery>

**The World Day of Prayer** – will be held at 2.00pm on Friday 1<sup>st</sup> March at St. Francis Church, Hawthorn Drive. Followed by refreshments. **They would love to have people from St. Mark's join them.**

**St Mary Magdalen quiz night** on the 9th March please. The tickets are £8 each and includes a supper of chilli and jacket potato, there will be a veggie chilli also and cheese for those who don't like chilli. Teams of 6 people. Bring your own drinks. The quiz will be in St. Mary Magdalen church hall, Highfield Approach, IP1 6JS. Tickets can be bought from Jean McSorley tel: 01473 462740 or Chrissy Riches tel: 07758407798. **It would be lovely to have some of the St Marks parishioners join us for the quiz.**

**The parish mission** takes place this week and we welcome Sisters from the Community of Our Lady of Walsingham to lead us. The Mission culminates in a Divine Mercy Evening on Friday, Retreat Day next Saturday and a Bring and Share lunch next Sunday (with Quiz!) after Mass. Please consider bringing a dish to share after the 11 am Mass. If you go to another Mass, please do pop down about 12 to St Mark's and join us for our parish celebration. The full schedule is found on the poster, the handout and by scanning the QR Code on page 2. The Parish Mission is based at St Mark's in Ipswich and has some events at Holy Family Brantham and St Mary Magdalen, Norwich Rd. **This is privileged moment at the beginning of Lent, to come together, to share, to pray and to go deeper in our faith. Please come to some or all the programme, even if it means attending an event at different church from usual.**

**Caritas Festival:** For those of you not able to attend the parish Mission on Saturday at St Mark's there is also a Caritas East Anglia Festival on Saturday 24 February at St Mary's Church Woodbridge Road. The festival begins at 9.30 am with Mass celebrated by Bishop Peter followed by refreshments and opportunities to find out about voluntary projects in the Ipswich area.


**Please pray for peace in Ukraine** on this 2<sup>nd</sup> anniversary of the outbreak of war next weekend.

## News for St Mary Magdalene Catholic Parish

<b><i>The First Sunday of Lent – 18<sup>th</sup> February 2024: Sunday Readings: Liturgical Year B Services during the coming week – First Week of Lent, Year II</i></b>		
Saturday 17 <sup>th</sup> February	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the First Sunday of Lent, offered for the people of the parish. Reader: I Suttle, Offertory: Hennon Family
Sunday 18 <sup>th</sup> February	8:00 am	Holy Mass offered for the repose of the soul of Maura Best RIP. Reader F Vieira, Eucharistic Minister: C Moore.
	10:00 am	Holy Mass offered for the repose of the soul of Patricia Al-Salih RIP. Reader: M Pakes, Offertory: Fox Family, Eucharistic Minister: R Shorten.
<i>Please join us for tea and coffee in the Garden Room after 10:00 Mass, this week served by Nigel &amp; Julie</i>		
Monday 19 <sup>th</sup> February	Lent Feria	
	<b>No Mass Today</b>	
Tuesday 20 <sup>th</sup> February	Lent Feria	
	10:00 am	Holy Mass
Wednesday 21 <sup>st</sup> February	Lent Feria.	
	12 noon	Holy Mass
Thursday 22 <sup>nd</sup> February	The Chair of St Peter	
	10:00 am	Holy Mass
Friday 23 <sup>rd</sup> February	Lent Feria	
	10:00 am	Holy Mass, offered for the repose of the soul of Nelson Rambayon RIP and all deceased members of the Rambayon Family, followed by Stations of the Cross.
Saturday 24 <sup>th</sup> February	5:30 pm	Confessions
	6:00 pm	Vigil Mass of the Second Sunday of Lent, offered for the repose of the soul of Conrado Fajardo RIP.

**Today's Gospel:** On the first Sunday of Lent, the Gospel reading in each Lectionary cycle is about Jesus' temptation in the desert. This event in the life of Jesus is reported in each of the Synoptic Gospels - Matthew, Mark, and Luke - but it is not found in John's Gospel. This year we read Mark's account of this event. Compared to the Gospels of Matthew and Luke, the details throughout Mark's narrative are sparse. This is evident in Mark's account of Jesus' temptation in the desert, as he tells us only that Jesus was led into the desert by the Spirit and that for 40 days he was tempted by Satan. The Gospels of Matthew and Luke explain that Jesus fasted while in the desert, that Satan presented

him with three temptations, and that Jesus refused each one, quoting Scripture. Only the Gospels of Matthew and Mark report that angels ministered to Jesus at the end of his time in the desert. In each of the Synoptic Gospels, the temptation of Jesus follows his baptism by John the Baptist. In Mark's Gospel, we are told that Jesus went into the desert immediately after his baptism, led by the Spirit. Jesus' public ministry in Galilee begins after his temptation in the desert. Mark's Gospel makes a connection between the arrest of John the Baptist and the beginning of Jesus' ministry. Jesus' preaching about the Kingdom of God is in continuity with the preaching of John the Baptist, but it is also something new. As Jesus announces it, the Kingdom of God is beginning; the time of the fulfilment of God's promises is here. The fact that Jesus spent 40 days in the desert is significant as this recalls the 40 years that the Israelites wandered in the desert after being led from slavery in Egypt. The prophet Elijah also journeyed in the desert for 40 days and nights, making his way to Horeb, the mountain of God, where he was also attended to by an angel of the Lord. Remembering the significance of these events, we also set aside 40 days for the season of Lent. In Mark's Gospel, the desert marks the beginning of Jesus' battle with Satan; the ultimate test will be in Jesus' final hours on the cross. In a similar way, our Lenten observances are only a beginning, a preparation for and a reinforcement of our ongoing struggle to resist the temptations we face in our lives. During Lent, we are led by the Holy Spirit to remember the vows of Baptism in which we promised to reject sin and to follow Jesus. Just as Jesus was ministered to by the angels, God also supports us in our struggle against sin and temptation. We succeed because Jesus conquered sin once and for all in his saving death on the cross. *Courtesy Loyola Press*

**CAFOD Lenten Fast Day:** Friday this week, 23<sup>rd</sup> February, is CAFOD's Lenten Fast Day. This Lent, your donations to CAFOD's Family Fast Day appeal will help hardworking people like James, the fisherman in Liberia, with resources, tools and training to feed their families for good. Next Sunday, 25<sup>th</sup> February, we will be taking a second collection for the CAFOD appeal. You can donate using the special CAFOD envelopes – don't forget to Gift Aid your donation if you're eligible - or online at [cafod.org.uk](https://cafod.org.uk) and please pray with James that our sisters and brothers around the world have what they need to feed their families. You can watch a short video about James, and the work that CAFOD is doing in Liberia to help him and others like him, on the parish web site – scan the QR code to take you directly to it. 


**The Alpha Course:** The Alpha course now takes a break until after the half term school holiday. The final session of this Alpha course will be held on Wednesday 28<sup>th</sup> February, at 12:30 pm in the St Mary Magdalen Garden Room and at 7:30 pm at St Mark's church hall.

**Who will be Chosen?:** The Chosen sessions will be open to all and you are all warmly invited to come along. There will be no charge for attending.

**First Holy Communion 2024:** The instruction classes for this year's First Holy Communion candidates take a break for half term holidays. The next class, the third in the programme, will be on Friday 1<sup>st</sup> March at St Mark's church, Hawthorne Drive, starting at 6:00 pm, and Saturday 2<sup>nd</sup> March when the class will be held at St Mary Magdalen church starting at 9:30 am. The full schedule of dates for the remaining classes can be found on the parish web site.

**Sheila Curry RIP:** It was with great sadness that we learned last week, too late for the newsletter, of the death of Sheila Curry, one of the last few remaining parish founding family members. Sheila passed away Saturday 10<sup>th</sup> February in the Ipswich Hospital, having only recently celebrated her 97<sup>th</sup> birthday. Please remember Sheila in your prayers, and pray also for the comfort of her family and friends who mourn her passing. There will be a Requiem Mass for Sheila at St Mary Magdalen church on Tuesday 12<sup>th</sup> March at 10:30 am, followed by cremation at the Ipswich Crematorium.

**Social Events:** The next social event in the parish will be the Quiz Night, to be held in the parish hall on Saturday 9<sup>th</sup> March starting at 7:00 pm. Tickets, costing £8 each which includes a supper of jacket potato and chilli, will be available after each weekend Mass from this weekend. There will be a vegetarian food option too. This will be a BODAG event (Bring Own Drink And Glasses). Teams of 6 will take part in the quiz so why not get together with friends and family to form a team – otherwise you can join in with others to form a team on the night. There will be prizes awarded to the winning and second place teams, and good evening will be had by all.

**Parish 150 Club:** Due to the short length of the month of February, the February prize draw of the parish 150 Club will be made on Sunday 3<sup>rd</sup> March in the Garden Room after the 10:00 am Mass. As we approach the end of the Club's financial year 31<sup>st</sup> March, we are especially on the lookout for additional members. Some of our supporters have sadly passed away during the year, others have moved away from the parish and so there is plenty of room for new joiners just to make up the numbers. If you are not a member, why not sign up today and help support your parish. Application forms are available in the church porch or, even quicker, you can sign up on-line on the parish web site – just scan the QR code. 

**The Sick of the Parish:** We ask your prayers for Patrick Doran and all our brothers and sisters who are unwell, afflicted, housebound or distressed.

*Lord, comfort and relieve them according to their needs, and grant them the love and consolation of your Spirit.  
Amen.*

**Our Own Dear Departed:** Of your charity, please pray for the repose of the souls of our faithful departed and especially for Mary Sparrow (1974), Margaret Doolin, Cynthia Woollard (2002), Peter Grimwood (1982), Kathleen Smy (2000), Kate Brown (1976), Margaret Hutchinson, Frederick Adams (1994), Anne Gambo (2012), Felix Hennon (2018), Gladys Cooper (1996), Helen Hinton (2013) and Angela Hurren (1997) whose anniversaries occur about this time.

*May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen*